

## Kids & Teens Classes with Nicole Fall-Winter 2022-23

Classes are held in the studio and class size is limited. Pre-registration is required for each session. No drop-ins.

**To register:** Please complete one form per child, scan or take a photo of it and email it to Nicole. We accept Cash, Checks, Venmo, or PayPal. Our preferred payment is via check or cash. Please make checks payable to "Gina's Studio of Dance and Fitness". If cash or check is not an option, Venmo: Nicole-Flaherty-1204 or PayPal: Ginaflaherty.

**Session 1: September 6 – October 29**

**Session 2: November 1 – January 29**

### **MUSICAL THEATER DANCE** (ages 6 - 18)

- **Kids** (ages 6-9): **Wednesday, 5:00 - 6:00 pm**
- **Intermediate** (ages 9-12): **Thursday, 3:30 - 4:30 pm**
- **Beginner & Intermediate** (ages 12-15): **Thursday, 7:15-8:15 pm**
- **Advanced** (ages 14-18 with 2 yrs dance):  
**Wednesday, 7:00-8:00 pm**

Musical Theatre Dance is a Broadway style jazz class focusing on performance, choreography, and basic jazz technique. You'll learn how to master acting while dancing!

**Dress code:**

**Girls:** Form-fitting tank top or leotard, dark leggings, black jazz shoes

**Boys:** Form-fitting solid color T-shirt, black pants, black jazz shoes

### **JAZZ** (ages 6-15)

- **Kids** (ages 6-11): **Tuesday, 5:00 - 6:00 pm**
- **Teens** (ages 12-15): **Tuesday, 7:15 - 8:15 pm**

Jazz is an energetic dance form that is all about performance, style, and strength. It is known for its smooth, fluid movement, just like jazz music itself. Jazz originated in America but is influenced by classical European dance and African folk dance. ***This class is highly recommended for students who are interested in Musical Theater technique.***

**Dress code:**

**Girls:** Form-fitting tank top or leotard, dark leggings, black jazz shoes

**Boys:** Form-fitting solid color T-shirt, black pants, black jazz shoes

### **LYRICAL** (ages 8-12)

**Thursday, 5:15 - 6:15 pm**

Lyrical is a style of dance that fuses ballet and jazz techniques with the movement being driven by the lyrics of a song. This class will focus on the fundamentals of lyrical dance as well as improvisation as we learn to tell a story through dance. Come and see why lyrical is one of the most popular dance styles today.

**Dress code:**

**Girls:** Form-fitting tank top or leotard, dark leggings, black jazz shoes

**Boys:** Form-fitting solid color T-shirt, black pants, black jazz shoes

### **KIDS BALLET AND TAP** (ages 6-10)

**Saturday, 11:00 am - 12:00 noon**

This combination class lays the foundation for the young dancer. Ballet is a classical art form that is graceful and powerful. Your child will learn basic ballet techniques and then transition to Tap where they can express themselves rhythmically with their feet.

**Dress code:**

**Girls ballet:** solid color leotard and pink tights, ballet slippers (ballet skirt optional)

**Boys ballet:** form-fitting solid T-shirt, black pants, ballet slippers

**Tap:** same outfit with black tap shoes required

### **KIDS TAP** (ages 8-12)

**Thursday, 4:30 - 5:15 pm**

Tap dance is a form of dance characterized by using the sounds of tap shoes striking the floor as a form of percussion. It is widely used in musical theater.

**Dress code:**

**Girls:** solid color leotard pink tights, black tap shoes

**Boys:** form-fitting solid T-shirt, black pants, black tap shoes

### **FAIRYTALE DISNEY DANCE** (ages 4-7)

**Saturday, 10:15 - 11:00 am**

Does your child love fairy tales and Disney? If so, this class is the perfect fit! Your child will be introduced to Ballet while dancing to Disney and fairy tale music. This class is the perfect creative outlet for imagination to roam free through dancing.

**Dress code:**

**Girls:** Solid color leotard, pink tights, pink ballet slippers.

Ballet skirt is optional.

**Boys:** form-fitting solid color T-shirt, black pants, and black ballet slippers

## Registration for Children's Classes with Nicole

Please use one form per child; after completed, please scan or take photo and email to: nicoleflahertydance@gmail.com

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STUDENT NAME	AGE	GRADE
PARENT / GUARDIAN NAME	EMAIL	
MOBILE PHONE		
EMERGENCY CONTACT NAME	MOBILE PHONE	

If your child has any medical or physical limitations that may affect her/him in this class, please describe below:

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Please list dance classes / levels that your child has taken:

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### Check each class and session that your child would like to take.

#### TUESDAY

- **KIDS JAZZ** (ages 6-11)  
 \_\_Tuesdays, 5:00 - 6:00 pm \_\_Session 1 \_\_Session 2
- **TEEN JAZZ** (ages 12-15)  
 \_\_Tuesdays, 7:15 - 8:15 pm \_\_Session 1 \_\_Session 2

- **FAIRYTALE DISNEY DANCE** (ages 4-7)  
 \_\_Saturdays, 10:15 - 11:00 am \_\_Session 1 \_\_Session 2
- **PRIVATE LESSONS | COACHING** (SCHEDULE WITH NICOLE)

#### WEDNESDAY

- **KIDS MUSICAL THEATER DANCE** (ages 6-9)  
 \_\_Wednesdays, 5:00 - 6:00 pm \_\_Session 1 \_\_Session 2
- **ADVANCED MUSICAL THEATER DANCE**  
 (ages 14-18 + 2 years dance experience)  
 \_\_Wednesdays, 7:00 - 8:00 pm \_\_Session 1 \_\_Session 2

#### THURSDAY

- **INTERMEDIATE MUSICAL THEATER DANCE** (ages 10-12)  
 \_\_Thursdays, 3:30 - 4:30 pm \_\_Session 1 \_\_Session 2
- **KIDS TAP** (ages 8-12)  
 \_\_Thursdays, 4:30 - 5:15 pm \_\_Session 1 \_\_Session 2
- **LYRICAL** (ages 8-12)  
 \_\_Thursdays, 5:15 - 6:15 pm \_\_Session 1 \_\_Session 2
- **BEGINNER / INTERMEDIATE MUSICAL THEATER DANCE**  
 (ages 12 - 15; no previous dance experience required)  
 \_\_Thursdays, 7:15 - 8:15 pm \_\_Session 1 \_\_Session 2

#### SATURDAY

- **KIDS BALLET AND TAP** (ages 6-10)  
 \_\_Saturdays, 11:00 am - 12:00 pm \_\_Session 1 \_\_Session 2

#### Dates:

**Session 1: September 7 – October 29**

**Session 2: November 2 – January 29**

#### Tuition:

**\$176 per session of 8 classes (60 min)**

**\$160 per session of 8 classes (45 min)**

\_\_\_\_\_ sessions @ \$176 each: \$ \_\_\_\_\_

\_\_\_\_\_ sessions @ \$160 each: \$ \_\_\_\_\_

\_\_\_\_\_ private sessions @ \$ \_\_\_\_\_

**TOTAL TUITION: \$ \_\_\_\_\_**

**PAYMENT:** We accept Cash, Checks, Venmo, or PayPal. Our preferred payment is via check or cash. Please make checks payable to "Gina's Studio of Dance and Fitness". If cash or check is not an option:

Venmo: Nicole-Flaherty-1204 • PayPal: Ginaflaherty



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**Disclaimer:**

Dance is an activity in which, despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of injury, which is dependent upon a person's physical condition, age, and skill level. Gina's Studio of Dance and Fitness is not liable for any claims, demands, injuries, damages, actions or causes of action whatsoever which have arisen through participation in classes. Gina's Studio also assumes no responsibility of negligence connected with the use of our instruction or services.

While Nicole Flaherty, Gina Flaherty, and Gina's Studio of Dance and Fitness endeavors to provide a safe and fun atmosphere, the programs and activities provided by or through Nicole Flaherty, Gina Flaherty, and Gina's Studio of Dance and Fitness involve physical acts and may result in injury. Please consult your child's physician prior to undertaking any new exercise program or activity. By signing this form, I hereby acknowledge and accept the risks related to the programs I have registered my child for, and agree that in consideration of Nicole Flaherty, Gina Flaherty, and Gina's Studio of Dance and Fitness providing me and my child with these services and is a condition of those services being provided. I hereby waive any and all claims that I have or may have in the future against Nicole Flaherty, Gina Flaherty, and Gina's Studio of Dance and Fitness and its Directors, Officers, Shareholders, agents, employees, independent contractors, representatives, congregation, council, successors, and assigns and release, and as a separate covenant indemnify the releases from any and against all liability for any loss, damage, expense or injury that my child might suffer arising from or in connection with my participation in or practicing of any physical training, travel, athletic activity or contest (including but not limited to the programs referenced on this form) though, with, in any way involving or in association with Nicole Flaherty, Gina Flaherty, and Gina's Studio of Dance and Fitness or the use of or presence on or in premises owned, leased, or operated by Nicole Flaherty, Gina Flaherty, Gina's Studio of Dance and Fitness or for the time being used by Nicole Flaherty, Gina Flaherty, Gina's Studio of Dance and Fitness. Nicole Flaherty, Gina Flaherty, Gina's Studio of Dance and Fitness will not assume liability for any lost or stolen property.

**I have read, understood and accepted the above Policies and Waiver. (If under the age of 18, a parent or legal guardian must sign below). I, the parent or legal guardian of participant, have read, understood and accepted the above Policies and Waiver.**

SIGNATURE

PRINT NAME

DAT

**Permission to use images for publicity:**

I give permission for Gina's Studio for Dance and Fitness to use my child's photograph or video for publicity and promotion, in print and on the internet (website and social media). I understand that all such publicity will be used for Gina's Studio for Dance and Fitness purposes only.

YES     NO